

Want to fast track your clients progress and RTW goals?

A Functional Restoration Program (FRP) is a progressive rehabilitation initiative tailored for individuals recovering from injury. It aims to empower participants by providing essential education and strategies necessary for a successful reintroduction to both work and daily life.



Functional restoration programs have been associated with high return-to-work rates. Studies show that up to 80% of participants in these programs successfully return to work compared to lower rates in traditional care models.

Theodore, B.R., Mayer, T.G. & Gatchel, R.J. Cost-Effectiveness of Early Versus Delayed Functional Restoration for Chronic Disabling Occupational Musculoskeletal Disorders. J Occup Rehabil 25, 303–315 (2015).

Build capacity

Foster self management

Outcome focused

Determining when your client is ready for a FRP

This table helps you to establish clear reasoning for a FRP referral.	Yes
Does your client have a reduced capacity for employment based on their current COC?	
Is your client off work at the moment due to their injury?	
Has your client been receiving other treatment which has stopped producing RTW outcomes or has stagnated?	
Does your client need to maximise their capacities for future job seeking?	
Are you, the consultant, having difficulty obtaining RTW upgrades through other channels?	
Is your client waiting for surgery or finding it difficult to complete activities of daily living due to injury or pain (weight bearing, walking, sitting, standing, stairs, personal care, family responsibilities, quality sleep)?	

For more information or to make a referral

Please phone 1300 011 135 or follow the guidelines through our referral button on our website: beactivehs.com.au or email referrals@beactivehs.com.au

